

At Home Extension Care Guide



— HAVEN —
hair salon

Blondes. Balayage. Extensions.

Shampoo & Condition

Do NOT shampoo your hair for 24 hours to allow your newly applied extensions to adhere properly.

WASHING

- Only shampoo 1-2x per week.
- You have twice as much hair so rinse twice as much.
- Brush extensions thoroughly before washing to remove any tangles.
- Now that your hair is thicker, you may decide to divide the hair into two sections on either side of the head to wash or multiple ponytails and wash section-by-section.

-Shampoo

- Begin at the scalp and massage into the hair using a "Z" formation. Do not use a circular motion or flip head upside down as this causes tangles.
- Part hair and rinse all the way to the scalp. If you used the ponytail method to section hair, rinse one at a time. Follow up with a final rinse.

-Condition

- Use a sulfate-free and paraben-free conditioner. Apply conditioner from the mid-shaft down to the tips of your hair and leave on for 2-3 minutes. NOTE: Adding conditioner at or near the point of attachment may lead to slippage.

-DRYING

- Towel dry or air dry your hair at least 80% if possible before using a blow dryer.
- Using a blow dryer, rough-dry the hair, always ensuring the blow dryer is drying in the same direction as the hair is falling. Start at the ends and work your way up toward the scalp, round brush or paddle brush the hair. Do NOT dry upside down as this may cause tangling.

Styling & Styling Tools

-PRODUCTS

- The use of leave-in conditioners, heat protectants, as well as treatment oils from mid-shaft to ends is recommended to protect your extensions.
- Oil your extensions morning & night

-STYLING

Brushing

- Use a boar bristle or wet brush daily to remove tangles.
- Brush your hair multiple times per day- hold your hair with securely at the roots and brush starting from the ends working your way up to the roots to prevent tangling.
- Brushing your hair before it gets wet will keep the hair from tangling while washing.

-PRODUCTS

- Avoid hairspray or any other styling products with high alcohol as this will dry out your extensions.
- Use professional grade products recommended by your Stylist to maintain the health of your natural hair and extensions. Avoid alcohol based products close to the point of attachment as it may compromise the bonding agent & cause sliding.

-STYLING TOOLS

- Bellami Hair Extensions are safe to use with thermal tools like curling wands, flat irons, etc. Temperature setting depends on your natural hair. You may use between 270°-450°F on your extensions as long as proper heat protectants are used before styling. Keep all hot tools away from point of attachment to ensure extensions do not melt or fuse together.

Sleeping

-SLEEPING

- Brush and oil your hair before bed.
- Sleep on a silk or satin pillowcase.
- Brush hair gently and put your hair in a loose braid or bun and secure with a satin lined scrunchie before sleeping.
- Do not go to bed with wet hair as it can cause tangling and premature slippage of your extensions. If this occurs, schedule an appointment with your Stylist to remove immediately.

Coloring

DO NOT ATTEMPT TO COLOR YOUR HAIR EXTENSIONS AT HOME

- Serious damage may be caused to your extensions and to your own hair by chemical treatments at home, or by hairstylists not thoroughly familiar with extensions. Coloring the extensions incorrectly can lead to extreme damage and significantly shortening the life of the extension hair.
- All chemical treatments of your own hair should be carried out with a stylist certified in extensions.
- You can never lighten extension hair, if you choose to go lighter, you will need to buy new hair.
- Please consult your Stylist for all color services and inquiries.

Swimming & Sunshine

It is best to avoid swimming while you have hair extensions. If you do decide to swim here are a few precautions:

- Before swimming, wet your hair with fresh water and apply a small amount of leave-in conditioner to the mid-lengths and ends. Tie in a loose ponytail or braid. Once finished swimming shampoo and condition as soon as possible.
- Avoid use of chemical based sunscreens as this can discolor the hair to a strong orange/peachy color. Please use mineral based sunscreens only.
- Do not use spray sunscreen near your extension hair, and be sure to wear your hair up off of your shoulders in loose bun to prevent sunscreen from coming in contact with the extension hair.

Maintenance

As your hair grows, the extensions will move further away from your scalp along with your natural hair. This creates tension on the scalp.

It is necessary for you to return to your extension stylist every 6-8 weeks for move ups (excluding K-Tips). Failure to do this may result in tangling and/or damage to your own hair.

If you feel anything that has slipped, is looser than normal grow out, or extreme tension in certain areas, please contact me immediately to get the issue resolved.

If you have any questions please contact me at hello@thehavenhairsalon.com